

**If you had the chance to
grow your faith and
make lasting friendships
within your church
community,
would you take it?**



What is Christ Renews His Parish?

Christ Renews His Parish, also known as CRHP, is simply a retreat, put on by parishioners (men for men and women for women) who together come to better understand the extraordinary grace of our Lord.

CRHP is a parish renewal process that has existed since 1969 and has been used as the primary instrument of personal and parish renewal in over 1,000 parishes nationwide. Over the last 40 years, thousands of women and men have participated in a Christ Renews His Parish renewal weekends at their parish.

What is a Christ Renews His Parish Retreat?

- It is a vehicle that provides the structured time, focus, and encouragement to allow God's voice to be heard through the many distractions that compete for our attention each day.
- It is a time to relax, pray, and rethink priorities.
- It is a time to get to know others in the parish and grow as a community.
- It is a weekend of reflection and sharing of spiritual and real-life issues.

What a Christ Renews His Parish Retreat is not:

- It is not a silent retreat, yet there are periods of quiet reflection and prayer.
- It is not a parish organization, fraternity/sorority, cult or clique.
- It is not a solitary retreat. Your participation makes the retreat a spiritual one for you and the other participants.
- It is not a public confession. You will not be required to speak in front of the group. However, your participation in the group discussion is key to the retreat. It is not what you expect it to be.

What Happens During the Weekend?

You will hear other parishioners share real-life examples of how they have found meaning, hope, peace, and the love of Christ in their lives.

Will I Have to Get Up and Talk?

You may share in conversation or thoughts (as much or as little as you choose) in a small group to reflect upon the team's witnesses and how they may be relevant to your life. Other than a brief initial introduction, you will not have to get up and talk in front of others unless you want to do so. The weekend is structured around witnesses shared by previous CRHP participants.

Why the Secrecy?

Most who have participated in the weekend experience say that “you can’t explain what happens – you just have to experience it.” In some ways, this has made CRHP the best kept secret here at St. Michael. What happens on a CRHP weekend is not really a secret, so much as it's different each time.

Who Can Participate?

CRHP is for anyone 19 years or older, not just Catholics.

The Specifics

The weekends will be held at St. Michael, with overnight accommodations at a nearby hotel and will begin Saturday morning and end Sunday afternoon. Men's and women's weekends will be held separately.

How Much Does It Cost?

There is not a fee to attend the retreat. However, we do ask for donations to help defray the cost of the weekend (hotel, meals, snacks, materials, etc.). The suggested donation is \$55. CRHP is available to everyone, so please give what you can. A generous donation will help offset a smaller one.

***“Would you come and follow me if
I but call your name?”***

If you’ve read this far, you must be at least a little bit interested. As previous weekend attendees and team members, we can assure you that it’s a powerful experience. It’s a lot of fun and a great opportunity to form meaningful and lasting friendships.

You can sign up below and submit the form to the parish office or register online by visiting the St. Michael website at www.saint-mikes.org; CRHP is under “Learn and Grow.”

Full Name: _____

Nickname: _____

Address: _____

Primary Phone: _____

Alt Phone: _____

Email Address: _____

Emergency Contact Name: _____

Emergency Contact Phone: _____

Are you a registered member of this parish?

Yes No

**Do you have food allergies or special dietary needs?
Or, do you require any special accommodations?**

Yes No

If yes, please let us know how we can help:

