

Frequently Asked Questions about CRHP

The weekends will be held at St. Michael, with overnight accommodations at a local hotel, and will begin Saturday morning, ending late Sunday afternoon.

- Men and women's retreats are held separately.
- There is no fee to attend.
- A suggested donation of \$55 is asked to defray costs.
- Other sleeping arrangements are available by inquiry.

What is a CRHP Retreat?

- a weekend allowing God's voice to be heard through daily distractions
- a time to relax, pray, and rethink priorities
- a time to get to know others in the parish and grow as a community
- a weekend of reflection
- a time of sharing spiritual and life issues

What a CRHP Retreat is NOT?

- a silent retreat, although one with quiet reflection and prayer
- a solitary retreat
- a parish organization, fraternity/sorority, or clique
- a public confession

What happens during a weekend?

Come prepared to have fun and renew your heart!

- You will hear other parishioners share real-life examples of finding meaning, hope, peace, and a love of Christ.
- You will be free to share as much or little as you feel comfortable.
- You and your needs will be respected.
- The dialogue is liturgical, scriptural, and prayerful.
- Liturgy is celebrated, and reconciliation is offered.

Who can attend?

- anyone 19 years old and up
- anyone seeking spiritual renewal
- anyone with a desire to build up the Body of Christ
- anyone wanting to gain a deeper sense of purpose